

Res. Asst. ELİF ADANUR UZUNLAR

Personal Information

Office Phone: [+90 0462 230 8835](tel:+9004622308835)

Email: elifadanur@ktu.edu.tr

Web: <https://avesis.ktu.edu.tr/elifadanur>

International Researcher IDs

ORCID: 0000-0002-8672-9243

Publons / Web Of Science ResearcherID: AAK-9054-2021

Yoksis Researcher ID: 122073

Education Information

Postgraduate, Gazi University, Sağlık Bilimleri Enstitüsü, Turkey 2014 - 2017

Undergraduate, Erciyes University, Sağlık Bilimleri Fakültesi, Beslenme Ve Diyetetik, Turkey 2008 - 2013

Research Areas

Nutrition and Dietetics, Health Sciences

Academic Titles / Tasks

Research Assistant, Karadeniz Technical University, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik, 2018 - Continues

Research Assistant, Gazi University, Sağlık Bilimleri Enstitüsü, 2014 - 2017

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Investigation of the Relationship Between Disease Severity and Nutritional Status in Male Outpatients With COPD Through Subjective Global Assessment**
Uzunlar E., YILDIRAN H., KÖKTÜRK N., KILIÇ H., HASANOĞLU H. C.
TOPICS IN CLINICAL NUTRITION, vol.38, no.4, pp.306-317, 2023 (SCI-Expanded)
- II. **Validation of predictive equations for resting energy expenditure in children and adolescents with different body mass indexes.**
Acar-Tek N., Ağagündüz D., Şahin T. Ö., Baygut H., Adanur Uzunlar E., Zakkour H. K., Karaçalı A.
Nutrition journal, vol.22, no.1, pp.39, 2023 (SCI-Expanded)
- III. **Obesity, Charlson comorbidity index, and neutrophil-to-lymphocyte ratio in chronic obstructive pulmonary disease: relationship to disease severity.**
Adanur Uzunlar E., Yildiran H., Kokturk N., Kilic H., Hasanoglu H. C.
Bratislavske lekarske listy, vol.124, pp.520-526, 2023 (SCI-Expanded)
- IV. **Nutritional Problems Related to Oropharyngeal and Esophageal Changes in Aging: A Narrative Review**
Adanur Uzunlar E.
JOURNAL OF THE AMERICAN NUTRITION ASSOCIATION, vol.42, no.8, pp.790-797, 2023 (SCI-Expanded)

Articles Published in Other Journals

- I. **The relationship between intuitive eating, eating disorders, and body image perceptions in young adult women**
Koçyiğit E., Adanur Uzunlar E., Duyar Özer Ş., Küçükkaraca H., Akbulut G.
MEDITERRANEAN JOURNAL OF NUTRITION AND METABOLISM, vol.15, pp.407-418, 2022 (ESCI)
- II. **Nutritional Properties and Health Effects of Hemp Seeds**
ADANUR UZUNLAR E., KAHVECİ B.
Research and Reviews on Healthcare: Open Access Journal, 2022 (Peer-Reviewed Journal)
- III. **Evaluation of The Nutrition and Food Safety Knowledge and Behaviour of The Young**
Şanher N., Adanur Uzunlar E., Özata Uyar G., Elibol E., Beyaz Coşkun A., Erdoğan R., Bozbaş E.
Gazi Üniversitesi Kastamonu Eğitim Dergisi, vol.25, no.3, pp.941-956, 2017 (Peer-Reviewed Journal)

Books & Book Chapters

- I. **American Hemp**
Kahveci B. (Editor), Adanur Uzunlar E. (Editor)
Palme Yayın Dağıtım, Ankara, 2022
- II. **Hemp, Health and Nutrition**
Kahveci B., Adanur Uzunlar E.
in: American Hemp, Kahveci B., Adanur Uzunlar E., Editor, Palme Yayın Dağıtım, Ankara, pp.98-113, 2022
- III. **Obesity and Diabetes**
Kahveci B. (Editor), Saruhan Güler N. (Editor), Adanur Uzunlar E. (Editor), Öztürk E. (Editor)
Nobel Yayınevi, Ankara, 2020
- IV. **Pathophysiology of Obesity-Induced T2DM**
Adanur Uzunlar E.
in: Obesity and Diabetes, Kahveci B., Saruhan Güler N., Adanur Uzunlar E., Öztürk E., Editor, Nobel Yayınevi, Ankara, pp.47-62, 2020
- V. **World Hunger and Malnutrition**
Delikanlı Akbay G., Adanur Uzunlar E., Öztürk E.
in: Nutrition: Science and Applications, Kahveci B., Demir S., Tok Ö., Kangalgil M., Editor, Palme Yayın Dağıtım, Ankara, pp.736-762, 2020
- VI. **The Effect of Nutrition on Memory and Learning**
Adanur Uzunlar E.
in: New Horizons in Health Sciences, Albayrak L., Açıkgöz Ö., Gökçen E., Editor, Gece Kitaplığı Yayınevi, Ankara, pp.97-109, 2019
- VII. **The Role of Emotional Eating in Obesity**
Adanur Uzunlar E.
in: Research Articles in the Field of Health Sciences-1, Çaltekin İ., Çaltekin M., Editor, Gece Kitaplığı Yayınevi, Ankara, pp.218-235, 2019

Refereed Congress / Symposium Publications in Proceedings

- I. **Synbiotics: Role in Health as Functional Food**
ADANUR UZUNLAR E.
5th International Eurasian Congress on Natural Nutrition, Healthy Life Sport 2019, 2 - 06 October 2019
- II. **Effect of Intermittent Fasting and Intermittent Energy Restriction on Weight Loss and Body Composition**
Delikanlı Akbay G., Adanur Uzunlar E.

5th International Eurasian Congress on Natural Nutrition,Healthy Life Sport2019, Ankara, Turkey, 2 - 06 October 2019, pp.1

- III. **Effect of Sweeteners on Microbiota**
Öztürk E., Adanur Uzunlar E.
5 th International Eurasian Congress on 'Natural Nutrition, Healthy Life & Sport, Ankara, Turkey, 2 - 06 October 2019, pp.623-631
- IV. **Gluten-free and Casein-free Diets in the Treatment of Autism Spectrum Disorders**
ADANUR UZUNLAR E.
5th International Eurasian Congress on Natural Nutrition,Healthy Life Sport2019, 2 - 06 October 2019
- V. **Effect of Resveratrol on Cancer**
Adanur Uzunlar E.
1.Uluslararası Geleneksel ve Tamamlayıcı Tıp Kongresi, İstanbul, Turkey, 19 - 22 April 2018
- VI. **The Relationship Between Cinnamon and Diabetes**
Adanur Uzunlar E.
1.Uluslararası Geleneksel ve Tamamlayıcı Tıp Kongresi, İstanbul, Turkey, 19 - 22 April 2018
- VII. **Can Propolis Be Effective in Breast Cancer Treatment?**
Adanur Uzunlar E.
The International Congress of Eurasian Natural Nutrition and Healthy Life2018, Ankara, Turkey, 12 - 15 July 2018
- VIII. **Effect of Green Coffee on Weight Loss in Obesity**
Adanur Uzunlar E.
The International Congress of Eurasian Natural Nutrition and Healthy Life2018, Ankara, Turkey, 12 - 15 July 2018
- IX. **Royal Jelly and Infertility**
Adanur Uzunlar E.
The International Congress of Eurasian Natural Nutrition and Healthy Life2018, Ankara, Turkey, 12 - 15 July 2018
- X. **Effect of Antioxidant Compounds on Memory Performance**
Adanur Uzunlar E.
4. Uluslararası Sağlık ve Spor Bilimleri Sempozyumu, Antalya, Turkey, 3 - 05 May 2018
- XI. **DOES CHIA SEEDS HAVE AN EFFECT ON CARDIOVASCULAR HEALTH?**
Adanur Uzunlar E., Yıldırım H.
Adnan Menderes Üniversitesi 1. Uluslararası Sağlık Bilimleri Kongresi, Aydın, Turkey, 29 June - 01 July 2017
- XII. **EVALUATION OF ANTHROPOMETRIC MEASUREMENTS IN PATIENTS WITH STABLE CHRONIC OBSTRUCTIVE PULMONARY DISEASE**
Adanur Uzunlar E., Yıldırım H.
Adnan Menderes Üniversitesi 1. Uluslararası Sağlık Bilimleri Kongresi, Aydın, Turkey, 29 June - 01 July 2017
- XIII. **Relationship Of Food Intake And Body Mass Index In Young Students**
ADANUR E., BEYAZ COŞKUN A., ELİBOL E., ÖZATA UYAR G., ERDOĞAN R., BOZBAŞ E., ŞANLIER N.
EOS 2016 European Obesity Summit, Gothenburg, Sweden, 1 - 04 June 2016, vol.9
- XIV. **A New Alternative For Omega 3 Fatty Acids Krill Oil**
ADANUR E., YILDIRAN H.
EOS 2016 European Obesity Summit, Gothenburg, Sweden, 1 - 04 June 2016
- XV. **Nutritional Status In Chronic Obstructive Pulmonary Disease Patients**
ADANUR E., YILDIRAN H.
EOS 2016 European Obesity Summit, 1 - 04 June 2016, vol.9

Metrics

Publication: 29

Non Academic Experience

GİRESUN HALK SAĞLIĞI MÜDÜRLÜĞÜ